

Lampiran 1

Hasil Tes Klub Selam Arwana Kota Kediri

SUBJEK	BERAT BADAN	TINGGI BADAN	STATUS GIZI	VO2MAX
1	45	1.53	29.4	34.3
2	48	1.64	29.3	53.7
3	49	1.56	31.4	42.2
4	51	1.44	35.4	34.7
5	53	1.43	37.1	35
6	47	1.35	34.8	34.7
7	49	1.37	35.8	34.7
8	40	1.34	29.9	49
9	45	1.25	36.0	42.9
10	43	1.15	37.4	46.5
MAX	53	1.64	37.39	53.7
MIN	40	1.15	29.27	34.3
RERATA	47	1.43	33.98	40.77
MEDIAN	47.5	1.4	35.12	38.6
MODUS	45	1.52	31.1	34.7
ST DEV	3.86	0.15	3.28	7.15

Lampiran 2

Hasil Tes Klub Selam Dragon Wira Yudha Kota Kediri

SUBJEK	BERAT BADAN	TINGGI BADAN	STATUS GIZI	VO2MAX
1	45	1.49	30.2	34.7
2	47	1.67	28.1	54.7
3	35	1.45	24.1	44.2
4	49	1.46	33.6	37.7
5	44	1.53	28.8	35.7
6	47	1.45	32.4	32.7
7	47	1.44	32.6	31.7
8	46	1.43	32.2	49,3
9	50	1.52	32.9	42.7
10	51	1.49	34.2	43.5
MAX	51	1.67	34.23	54.7
MIN	35	1.43	24.14	31.7
RERATA	46.10	1.51	31.22	39.73
MEDIAN	47	1.48	32.29	37.7
MODUS	47	1.49	31.1	37.4
ST DEV	4.46	0.07	3.12	7.30

Lampiran 3

Dokumentasi



Dragon Wirayudha



Dragon Wirayudha



Arwana



Arwana



Arwana



Arwana