

Lampiran 1

Data Penelitian (hasil tes dan pengukuran)

No	Subyek	Berat Badan	Tinggi Badan	IMT	Kategori	Panjang Lengan	Panjang Tunngkai
1	1	56	165	20,6	normal	32	81
2	2	59	164	21,9	normal	40	74
3	3	74	169	25,9	gemuk	36	70
4	4	48	163	18,1	kurus	45	76
5	5	51	157	20,7	normal	37	70
6	6	68	162	25,9	gemuk	33	81
7	7	69	161	26,6	gemuk	31	77
8	8	52	165	19,1	normal	38	76
9	9	57	167	20,4	normal	40	71
10	10	57	163	21,5	normal	35	77
11	11	54	165	19,8	normal	39	72
12	12	70	161	27,0	gemuk	37	79
13	13	56	160	21,9	normal	32	71
14	14	60	169	21,0	normal	34	71
15	15	57	160	22,3	normal	36	74
16	16	54	165	19,8	normal	37	72

Lampiran 2

Data Perhitungan Statistik Deskriptif

Statistics

Berat Badan

<i>N</i>	<i>Valid</i>	16
	<i>Missing</i>	0
<i>Mean</i>		58.8750
<i>Std. Deviation</i>		7.49111
<i>Minimum</i>		48.00
<i>Maximum</i>		74.00

Berat Badan

	<i>Frequency</i>	<i>Percent</i>	<i>Valid Percent</i>	<i>Cumulative Percent</i>
Valid 48	1	6.2	6.2	6.2
51	1	6.2	6.2	12.5
52	1	6.2	6.2	18.8
54	2	12.5	12.5	31.2
56	2	12.5	12.5	43.8
57	3	18.8	18.8	62.5
59	1	6.2	6.2	68.8
60	1	6.2	6.2	75.0
68	1	6.2	6.2	81.2
69	1	6.2	6.2	87.5
70	1	6.2	6.2	93.8
74	1	6.2	6.2	100.0
Total	16	100.0	100.0	

Statistics

Tinggi Badan

<i>N</i>	<i>Valid</i>	16
	<i>Missing</i>	0
<i>Mean</i>		1.6350E2
<i>Std. Deviation</i>		3.30656
<i>Minimum</i>		157.00
<i>Maximum</i>		169.00

Tinggi Badan

	<i>Frequency</i>	<i>Percent</i>	<i>Valid Percent</i>	<i>Cumulative Percent</i>
Valid 157	1	6.2	6.2	6.2
160	2	12.5	12.5	18.8
161	2	12.5	12.5	31.2
162	1	6.2	6.2	37.5
163	2	12.5	12.5	50.0
164	1	6.2	6.2	56.2
165	4	25.0	25.0	81.2
167	1	6.2	6.2	87.5
169	2	12.5	12.5	100.0
Total	16	100.0	100.0	

Statistics

Panjang Tungkai

<i>N</i>	<i>Valid</i>	16
	<i>Missing</i>	0
<i>Mean</i>		74.5000
<i>Std. Deviation</i>		3.75943
<i>Minimum</i>		70.00
<i>Maximum</i>		81.00

Panjang Tungkai

	<i>Frequency</i>	<i>Percent</i>	<i>Valid Percent</i>	<i>Cumulative Percent</i>
Valid 70	2	12.5	12.5	12.5
71	3	18.8	18.8	31.2
72	2	12.5	12.5	43.8
74	2	12.5	12.5	56.2
76	2	12.5	12.5	68.8
77	2	12.5	12.5	81.2
79	1	6.2	6.2	87.5
81	2	12.5	12.5	100.0
Total	16	100.0	100.0	

Statistics**Panjang Lengan**

<i>N</i>	<i>Valid</i>	16
	<i>Missing</i>	0
<i>Mean</i>		36.3750
<i>Std. Deviation</i>		3.63089
<i>Minimum</i>		31.00
<i>Maximum</i>		45.00

Panjang Lengan

	<i>Frequency</i>	<i>Percent</i>	<i>Valid Percent</i>	<i>Cumulative Percent</i>
Valid 31	1	6.2	6.2	6.2
32	2	12.5	12.5	18.8
33	1	6.2	6.2	25.0
34	1	6.2	6.2	31.2
35	1	6.2	6.2	37.5
36	2	12.5	12.5	50.0
37	3	18.8	18.8	68.8
38	1	6.2	6.2	75.0
39	1	6.2	6.2	81.2
40	2	12.5	12.5	93.8
45	1	6.2	6.2	100.0
Total	16	100.0	100.0	

Lampiran 3

Surat Pengantar/Ijin Penelitian

Lampiran 4

Surat Keterangan Telah Melakukan Penelitian

Lampiran 5

Dokumentasi